

SUMMER SPORTS CAMPS at LUTHERAN HIGH SCHOOL



Join us this summer to improve your skills at camp! Receive personal attention from Lutheran's coaches and players as you work through drills, fundamentals, and gamelike situations with an emphasis on Christian Sportsmanship. Camps are available for students in *1st thru 8th grades.

CROSS COUNTRY - \$25 | 4TH - 8TH GRADES

This co-ed camp meets <u>June 12 - 15 2018</u> from 8:30 - 10:00am. You will need to bring a water bottle with your name on it, a towel, and good running shoes.

SOCCER CAMP - \$59 | 4TH - 8TH GRADES

This co-ed camp meets <u>June 18 - 22, 2018</u> from 5:00 - 8:00pm. You will need to bring good quality soccer cleats, shin guards, socks, and a water bottle. No ball please.

WRESTLING CAMP - \$45 | 4TH - 8TH GRADES

This camp for boys meets <u>June 18 - 22, 2018</u> from 3:15 - 5:45pm. No previous wrestling experience is necessary. Clean shoes are a must! If you have headgear, bring that too.

VOLLEYBALL - \$41 | 1ST - 3RD GRADES

This co-ed camp meets June 11 - 15, 2018 from 8:00 - 10:00am. You will need to bring a water bottle with your name on it, good, clean gym shoes, two pairs of socks, and knee pads.

VOLLEYBALL - \$45 | 4TH - 5TH GRADES

This co-ed camp meets <u>June 11 - 15, 2018</u> from 10:15 - 12:30pm. You will need to bring a water bottle with your name on it, good, clean gym shoes, two pairs of socks, and knee pads.

TENNIS - \$59 | 4TH - 8TH GRADES

This co-ed camp meets <u>June 25 - 29, 2018</u> from 5:00 - 8:00pm. Bring your racket and a water bottle.

BOYS BASKETBALL - \$41 | 2ND - 5TH GRADES

This camp meets June 4 - 8, 2018 from 8:00 - 10:00am. You will need to bring a water bottle with your name on it, good, clean gym shoes, two pairs of socks, and shorts.

BOYS BASKETBALL - \$59 | 6TH - 8TH GRADES

This camp meets <u>June 4 - 8, 2018</u> from 10:00am - 1:00pm. You will need to bring a water bottle with your name on it, good, clean gym shoes, two pairs of socks, and shorts.

GIRLS BASKETBALL - \$41 | 2ND - 5TH GRADES

This camp meets June 4 - 8, 2018 from 1:00 - 3:00pm. You will need to bring a water bottle with your name on it, good, clean gym shoes, two pairs of socks, and shorts.

GIRLS BASKETBALL - \$59 | 6th - 8th GRADES

This camp meets June 4 - 8, 2018 from 3:00 - 6:00pm. You will need to bring a water bottle with your name on it, good, clean gym shoes, and two pairs of socks.

VOLLEYBALL - \$59 | 6TH - 8TH GRADES

This co-ed camp meets June 11 - 15, 2018 from 1:00 - 4:00pm. You will need to bring a water bottle with your name on it, good, clean gym shoes, two pairs of socks, and knee pads.

*Not all camps are available to all age groups.

Please note specifications for each camp.

Each camp includes a t-shirt.