

Focus on five (teachers)

- Discuss and prepare students for opportunities to help in the Houston relief effort.
- Be vigilant concerning cell headphones/earbuds and devices. Students are not to be walking in the halls, sitting during lunch, or in classrooms with these devices out.
- **Concerning nose studs, encourage the invisible variety.**
- **Encourage students to contemplate their healthy habits. Now that we are 4+weeks into the year, what habits concerning sleep, food, and dress do our students have?**
- **Please monitor students consumption of candy, food, and beverage. These should not be in your classroom or hall.**

Focus on five (students)

- Please pray for and pay attention to coming relief efforts for the churches, schools, and families in the Houston area.
- Students are not to be walking in the halls, sitting during lunch, or in classrooms with headphones/earbuds out. These devices are not allowed during the day.
- **Be mindful of dress guidelines. Always ask school administration if you are not sure about guidelines. Thank you for making recent adjustments to your daily dress as it applies to the LHS community.**
- **Getting good sleep, eating a healthy breakfast and lunch, and dressing for success can positively influence academic success. Are your habits healthy?**
- **Keep in mind that food, candy, and beverage other than water are not allowed in halls and classrooms.**