

DIRECT ACCESS TO PHYSICAL THERAPY

What is direct access?

See our Physical Therapists without a referral from your Physician

The State of Indiana now has direct access to physical therapy (PT) services. Direct access allows patients to seek and receive examination and treatment from a licensed physical therapist without a prescription or a referral from a physician for 24 calendar days. If your physical therapist recommends continued treatment beyond the 24 calendar days, then your physician will need to provide you a prescription or a referral. Once your physician submits a referral, we can continue treatment seamlessly. In addition, your physical therapist will send notes about your plan of care to your physician to keep them informed.

Is direct access right for me? When you know you have a musculoskeletal issue (i.e. muscle pain, joint pain, back pain, shoulder pain, etc.) you can start your recovery with a physical therapist. Physical therapists are highly qualified practitioners that can evaluate you and determine the best plan of care for your musculoskeletal treatment as well as identify if you are not appropriate for PT services and refer you to a specialist if needed.

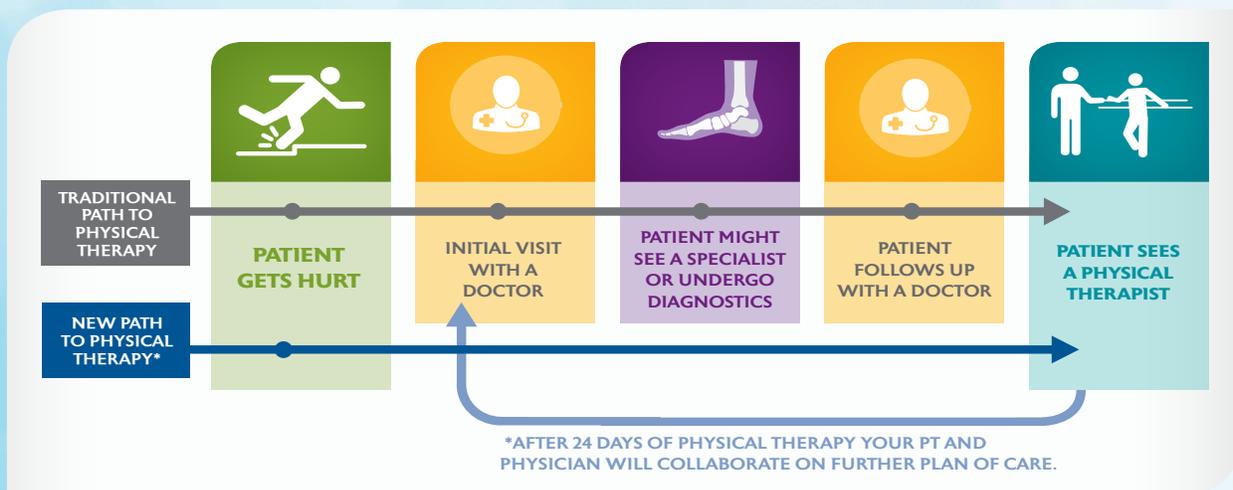
Direct access to PT services is widely accepted by most insurance plans. You are encouraged to contact your insurance to see if you need a referral for physical therapy.

DID YOU KNOW?

- Physical therapists practicing in a direct access capacity have potential to decrease costs and improve outcomes in patients with musculoskeletal complaints without prescribing medication and ordering adjunctive testing.¹
- The Institute of Medicine study reports that patients with low back pain would “achieve cost savings, while improving access, patient satisfaction, and return to function” when using direct access.²
- In another study, analysis of billing data has shown that direct access episodes of care for “spinal dysfunction” will have less imaging, be less costly, and yet “achieve the same quality in functional outcomes” compared to those that were physician referred.³

See reverse side for reference information.

Quick access to physical therapy services has been shown to have significant cost savings, as well as improved outcomes, for the patient.



FRANCISCAN HEALTH CENTRAL INDIANA LOCATIONS

1 Indianapolis Campus

a 8051 S. Emerson Ave.
Suite 100
Indianapolis, IN 46237
(317) 528-8111

b 8111 S Emerson Ave
Wellness Suite
Indianapolis, IN 46237
(317) 528-8111

c 5255 E. Stop 11 Road
Suite 301
Indianapolis, IN 46237
(317) 528-5800

2 Beech Grove

2030 Churchman Ave.
Suite B
Beech Grove, IN 46107
(317) 528-8572

3 Southport

610 E. Southport Road
Suite 101
Indianapolis, IN 46227
(317) 780-5855

4 Mooresville Campus

1201 Hadley Road
Suite 101
Mooresville, IN 46158
(317) 831-9333

5 Plainfield

315 Dan Jones Road
Suite 140
Plainfield, IN 46168
(317) 837-4700

6 Carmel Campus

12188-B N. Meridian St.
Suite 230
Carmel, IN 46032
(317) 705-4640

7 Downtown CityWay

426 S. Alabama Street
Suite 200
Indianapolis, IN 46225
(317) 528-6804

