

## Don't let an athletic injury sideline you.



YMCA AT THE CITY MARKET 242 E. Market Street, Indianapolis, IN 46204 Mondays, 4:30 to 6:30 p.m.

YMCA AT CITYWAY (Lobby) 430 S. Alabama Street, Indianapolis, IN 46225 Tuesdays, 6 to 7 p.m.

FRANCISCAN CITYWAY (2nd Floor) 426 S. Alabama Street, Indianapolis, IN 46225 Mondays, 10 to 11 a.m. Wednesdays, 10 to 11 a.m. Thursdays, 2 to 3 p.m.

## Franciscan HEALTH SPORTS MEDICINE

FranciscanHealth.org/SportsMedicine